



# Lorraine's

## SOUP KITCHEN & PANTRY

*Feeding friends, helping neighbors.*

### Our Services:

Do you need help with your groceries or know someone who does?

**Hot Meal Service is served week nights.  
Monday - Friday from 4 pm to 6 pm.  
All are welcome, dine in or take out.**

**Lorraine's Pantry Service is open  
Monday - Friday from 10 am to 2 pm.**

### Volunteer Opportunities:

- Cooking, meal prep and serving
- Pantry help, sorting food
- Stocking shelves
- Dishwasher
- Housekeeping
- Administrative
- Or do you have a special talent that could help us?



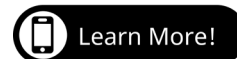
You can help by hosting a food drive, tag sale, or other event. Contact us for more ideas!

### Mobile Pantry:

Check our website for dates and times.

### Most Needed Donations:

- Rice (1 lb. package)
- Pasta
- Soup
- Peanut Butter & Jelly
- Stuffing, Instant Potatoes
- Canned Meats (Tuna, Chicken)
- Spaghetti Sauce
- Cereal(s)
- Beans - all types
- Canned Fruits



### Our Mission:

*Lorraine's Soup Kitchen & Pantry, Inc. exists to be a resource of food security to the community by providing access with respect and dignity.*

**170 Pendexter Street • Chicopee, MA 01013 • (413)592-9528**